



Personal Development Department Year 4 Overview 2023-24

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.				
Year Four	Week	W/C	Unit Title	Lesson Themes
PD Autumn				
	1	04/09/2023	Christianity/ VIP	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules
	2	11/09/2023		Who and where/ family and friends
	3	18/09/2023		Main Beliefs / fabulous friends
	4	25/09/2023		Special places/ Is this a good relationship
	5	02/10/2023		Digital Awareness Week
	6	09/10/2023		Special festivals/Falling out
	7	16/10/2023		Holy Book/what is bullying
			Half Term	Symbols and meanings/Stand up to bullying
	8	06/11/2023	Digital Wellbeing The Bible	The digital world what makes a text sacred?
	9	13/11/2023		Who Wrote the Bible?
	10	20/11/2023		Digital Kindness
	11	27/11/2023		Anti-bullying Awareness Week
	12	04/12/2023		Do I know you? Stories, songs and Psalms
	13	11/12/2023		Online information Speaking in Stories
			Christmas Holidays	Keep it private.How do Christians use the Bible?
				My Digital Wellness - What is scared to you ?
Year Four	Week	W/C	Unit Title	Lesson Themes
PD Spring				
	14	08/01/2024	Pilgrimages Think Positive	Budhism Pilgrimages Happy minds Happy people
	15	15/01/2024		Thoughts and Feelings Christian pilgrimages
	16	22/01/2024		Changes Hindu Pilgrimages
	17	29/01/2024		Keep calm and relax Muslim Pilgrimages
	18	05/02/2024		You're the boss - Jewish Pilgrimages
			Half Term	
	19	19/02/2024	Growing up People of Faith	*Changes in boys Malala Yousafzia
	20	26/02/2024		*Changes in girls Dalai Lama
	21	04/03/2024		*Changing emotions Rabbi Jonathan Sacks
	22	11/03/2024		Equality Awareness Week
	23	18/03/2024		Relationships and Families Fauja Singh
			Easter Holidays	Circle time Bear Grylls
Year Four	Week	W/C	Unit Title	Lesson Themes
PD Summer				
	24	08/04/2024	Safety First Food and Fasting	New responsibilities How do we think about Food?
	25	15/04/2024		Risks hazards and danger religious rules about food
	26	22/04/2024		Under pressure giving up food
	27	29/04/2024		Safety out and about Fasting
	28	06/05/2024		Dangerous substances Food for celebration
	29	13/06/2024		Injuries and Emergencies
	30	24/05/2024		Spirituality Awareness Week
			Half Term	Circle time Feast
	31	03/06/2024	One World Buddism	Main beliefs / Chiwa and Kwende
	32	10/06/2024		Special Places /Chiwa's Dilema 1
	33	17/06/2024		Special Festivals Transition into Year 5
				Cultural Awareness Week

SMSC meanings

<p>Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p>Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p>Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p>Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.